



Detachment 150 Flying Gators

New Cadet Orientation Guide

“Develop Air and Space Force leaders of character whom we expect to fight and win our nation’s wars”

2024-2025

Welcome to Detachment 150!

New Flying Gators,

Welcome to Air Force Reserve Officer Training Corps (AFROTC) Detachment 150 at the University of Florida! You have taken the first step towards becoming an officer in the United States Air Force or Space Force. Throughout your time in our program, we will challenge you in many ways as you develop as a leader and military officer. As you embark on this journey, the cadets and cadre of the Gator Detachment will guide and mentor you every step of the way.

The Air Force ROTC mission is simple: "Develop Air and Space Force leaders of character whom we expect to fight and win our nation's wars." Detachment 150 builds leaders who embody the highest ideals of integrity, service, and excellence. You will be provided with training that develops your leadership skills, improves your physical and mental fortitude, and sharpens your critical thinking skills. You will also be provided with countless opportunities to further your development through extracurricular programs, development training opportunities, and community involvement.

Detachment 150 is home to a diverse group of cadre and cadets who are dedicated to mentoring and developing you. Our cadre staff come from a variety of career fields, operational experience, and educational backgrounds. Our cadets come from across the nation, pursuing a wide variety of degrees and are involved in numerous campus organizations. Our Cadet Wing will help you not only immerse yourself in the AFROTC community but also in the greater Gator community at the University of Florida. Your fellow cadets will be there to support you as you learn to balance both university and AFROTC commitments.

This guidebook will serve as your introduction to being an AFROTC cadet. Reference it to know the answers to some commonly asked questions and to learn more about AFROTC at Detachment 150. Come prepared and ready to learn! Founded in 1946, Detachment 150 is one of the original ROTC detachments designated by Gen Dwight Eisenhower, and has a rich history of cultivating generations of Air and Space leaders. Detachment 150 has twice secured the "Right of Line" trophy and earned the honors such as "Best in the Nation." When you step through the doors of Van Fleet Hall, you will become part of a 70+ year legacy. Detachment 150 is where Gators have always, and will continue to embody excellence. Welcome to the Swamp and welcome to our Flying Gator family!

Sincerely,



Lt Col Michael Caretti
Commander, AFROTC Detachment 150

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Air Force Core Values and Mission Statements

INTEGRITY FIRST SERVICE BEFORE SELF EXCELLENCE IN ALL WE DO

Air Force Mission Statement:

“To fly, fight, and win. Airpower, anytime, anywhere”

Space Force Mission Statement:

“To secure our nation’s interests in, from, and to space”

AFROTC Mission Statement:

“Develop Air and Space Force leaders of character whom we expect to fight and win our nation’s wars”



Air Force ROTC General Information

Cadre

The cadre are active duty Air Force officers and non-commissioned officers who teach the cadets and keep the detachment running. They are qualified instructors who were hand selected for this job, and carry a high influence within the detachment. Along with teaching, they provide mentorship, coordinate paperwork, and support the cadets through their ROTC journey.



The Detachment

University of Florida's Detachment 150 is the ROTC model of an active duty Air Force Base. The cadet corps, referred to as a "wing", is staffed with upperclassmen who conduct training to fulfill training objectives. The cadet in charge is named the "Cadet Wing Commander" and their staff runs the detachment under guidance of the cadre members.

POC

Cadets in the Professional Officer Course are the upperclassmen in the AFROTC program. They graduated from Field Training and are the cadets behind detachment and training operations for weekly professional military training (PMT). A POC cadet is assigned a job with a corresponding rank for each semester. They are developing their leadership skills in preparation for active duty.



GMC

Cadets in the General Military Course are the underclassmen in the AFROTC program. In their first year, they are being trained in leadership and followership, while developing confidence and communication skills. In their second year, cadets resume training for their POC years and attend Field Training the following summer. The ranks of GMC are Cadet Fourth Class (1st years) and Cadet Third Class (2nd years).

GPA Requirement and the Zero Tolerance Policy

The GPA Requirement

2.0 GPA

(Non-Scholarship Cadets)

2.5 GPA

(Contracted Cadets)

*Remember that in order to become an officer, you must have a Bachelor's degree, so your academics come first!

Zero Tolerance Policy

Air Force ROTC and Detachment 150 have a zero tolerance policy to drug use, discrimination, sexual assault & harassment, and hazing.

Honor Code

"WE WILL NOT LIE, STEAL, OR CHEAT NOR TOLERATE AMONG US ANYONE WHO DOES."

AS Levels

Initial Military Training (IMT)

New cadets are provided with basic skills and knowledge to function within the cadet corps. The AS100 curriculum introduces the characteristics, mission, and organization of the Air and Space Forces. Their training develops followership, teamwork, and camaraderie among the GMC.



Field Training Preparation (FTP)

Second year cadets are trained to ensure that they are prepared for their transition to the Professional Officer Course (POC). The AS200 curriculum provides knowledge of leadership and team building skills. They are pushed both physically and mentally, developing into future leaders of the the cadet wing while preparing for their Field Training evaluations.



Intermediate Cadet Leader (ICL)

Third year cadets are given the opportunity to develop their leadership and followership skills through job positions in the cadet wing. They work on their organization, communication, and effective resource use to train the GMC.



Senior Cadet Leader (SCL)

Soon to be commissioned cadets are given opportunities to develop their leadership and supervisory skills. They are given opportunities to give and receive feedback while preparing for the active duty workforce.

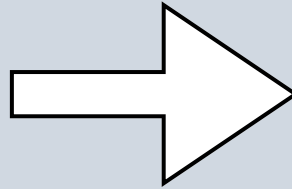


Progression Through ROTC

GMC (GENERAL MILITARY COURSE)

Initial Military Course (IMT)

Focus: followership, customs and courtesies, and personal growth and development



Field Training Preparation (FTP)

Focus: critical thinking, teamwork, and mentorship to the IMT

AS100

Cadets who join in the fall and spring semesters of their freshman year.

AS200

2nd year cadets who continue from their 100 year

AS250

Cadets who join the program their sophomore year

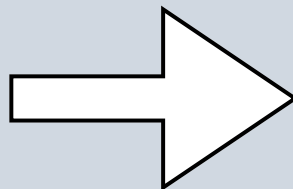
Field Training

A mandatory training course that takes place the summer between a cadet's 200 and 300 year at Maxwell AFB, Alabama. The training is typically 2-3 weeks and results in graduation to the Professional Officer Course.

POC (PROFESSIONAL OFFICER COURSE)

Intermediate Cadet Leader (ICL)

Focus: leading the GMC, decision making, and mentorship



Senior Cadet Leader (SCL)

Focus: organizational leadership, mentorship, and preparation for active duty

AS300

3rd year cadets who graduated from field training. They submit their AFSC job preferences this year.

AS400












4th year seniors who prepare for commissioning

AS800

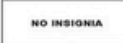













5th year seniors who prepare for commissioning

Air Force Rank Structure

AIR FORCE OFFICER RANKS

O-1	2 nd Lt	Second Lieutenant	
O-2	1 st Lt	First Lieutenant	
O-3	Capt	Captain	
O-4	Maj	Major	
O-5	Lt Col	Lieutenant Colonel	
O-6	Col	Colonel	
O-7	Brig Gen	Brigadier General	
O-8	Maj Gen	Major General	
O-9	Lt Gen	Lieutenant General	
O-10	Gen	General	
Special	GAF	General of the Air Force	

AIR FORCE ENLISTED RANKS

Insignia	Rank	Designation
	Airman Basic (AB)	E-1
	Airman (AMN)	E-2
	Airman First Class (A1C)	E-3
	Senior Airman (SRA)	E-4
	Staff Sergeant (SSGT)	E-4
	Technical Sergeant (TSGT)	E-5
	Master Sergeant (MSGT)	E-6
	First Sergeant (1SGT)	E-7
	Senior Master Sgt (SMSGT)	E-8
	First Sergeant (1SGT)	E-8
	Chief Master Sergeant (CMSGT)	E-9
	First Sergeant (1SGT)	E-9
	Command Chief Master Sgt (CCM)	E-9
	Chief Master Sgt of the Air Force	E-9

















SPACE FORCE ENLISTED RANKS

SPECIALIST TIER			
	E-1 Specialist 1		E-2 Specialist 2
	E-3 Specialist 3		E-4 Specialist 4
NON-COMMISSIONED OFFICER TIER			
	E-5 Sergeant		E-6 Technical Sergeant
SENIOR NON-COMMISSIONED OFFICER TIER			
	E-7 Master Sergeant		E-8 Senior Master Sergeant
	E-9 Chief Master Sergeant		E-9 Chief Master Sergeant of The Space Force

CADET RANKS



Note:
Do not salute cadets with this rank on their uniforms. They are fellow GMC.

	Epaulet Rank Boards/Marks	Utility Uniform Rank Pins	Rank (Abbreviation)	
O f f i c e r			Cadet Colonel (C/Col)	} POC
			Cadet Lieutenant Colonel (C/Lt Col)	
			Cadet Major (C/Maj)	
			Cadet Captain (C/Capt)	
			Cadet First Lieutenant (C/1Lt)	
			Cadet Second Lieutenant (C/2Lt)	
A i r m a n			Cadet Third Class (C/3C)	} AS 200/250 Cadets
			Cadet Fourth Class (C/4C)	} AS 100 Cadets

Det 150 General Information: Cadet Weekly Schedule

Tuesday



PT 0600-0700

AS400 Class 1250-1550

Notes:

Each week, there will be one PT dedicated to running and one PT focused on calisthenics.

Wednesday



AS100 Class 0935-1025 (Option 1)

AS200 Class 1145-1235 (Option 1)

AS300 Class 1250-1550

Notes:

There may be additional weekly requirements that take place on Wednesday mornings which will vary week to week: these will be outlined in the OPLAN.

Thursday



PT 0600-0700

AS100 Class 0935-1025 (Option 2)

AS200 Class 1145-1235 (Option 2)

LLAB 1355-1550

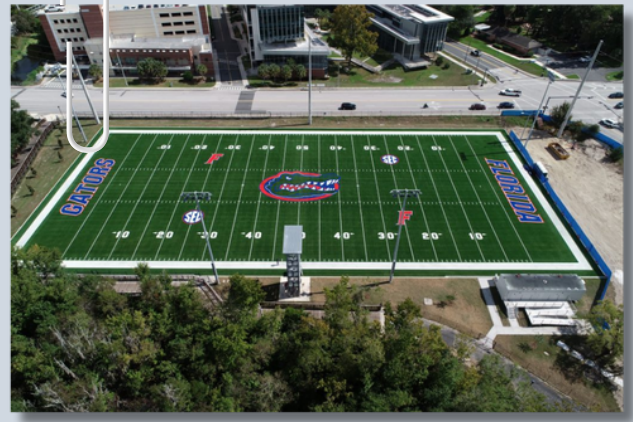
Notes: During LLAB, cadets will develop their critical thinking skills while practicing leadership, followership, and problem solving

***Note:** There will be one Saturday Field Training Exercise that will take place towards the end of the semester. The date will be outlined in the OPLAN.

Locations of Importance



Van Fleet Hall: ROTC Hub



Gator Band Field: PT



Florida Gym: PT



O'Connell Center: PT

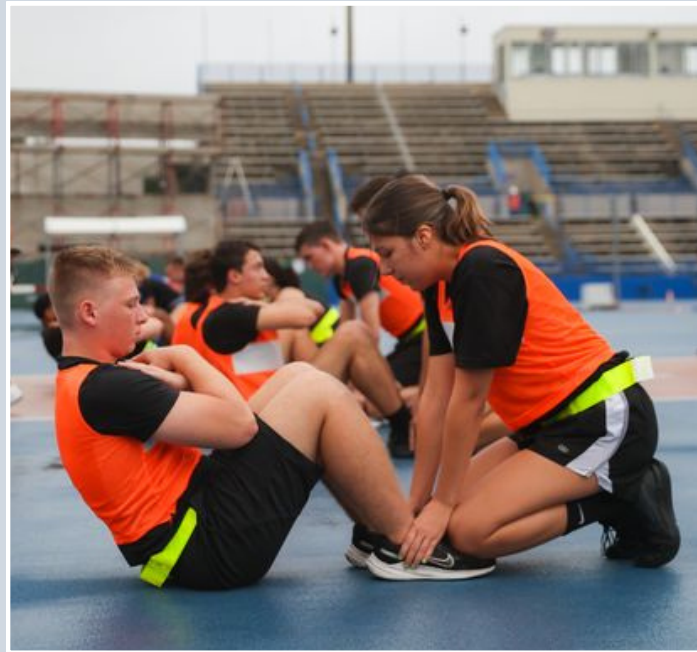


Flavel Field: LLAB



Hume Field: LLAB

Physical Fitness



Physical Fitness Assessment (PFA)

- 60 seconds of pushups with the proper form
- 60 seconds of sit-ups with the proper form
- 1.5 mile timed run

- The fitness assessment typically takes place at least once per semester
- Cadets can expect to take the PFA within the first three training weeks of the semester
- Cadets must score above a 75 for a passing score
- If cadets fail any one component of the PFA by not meeting the minimum requirement, cadets will fail the PFA

Weekly Mandatory Physical Training

- Tuesday 0600-0700
- Thursday 0600-0700

Cadets will push themselves to improve their physical fitness with their running ability and calisthenic strength. Cadets are encouraged and expected to take their fitness seriously and workout outside of PT each week to improve their overall health and readiness.

MALE SCORECARD

USAF Fitness Assessment Scoring / Males < 25 years of age						
Final Version						
Cardiorespiratory Endurance			Muscular Fitness			
Run Time	Health Risk Category	Points	Push-ups	Points	Sit-ups	Points
(mins: secs)			(reps/min)		(reps/min)	
<9:12	Low-Risk	60.0	>67	20.0	58	20.0
9:13 -9:34	Low-Risk	59.5	66	19.8	57	19.7
9:35 -9:45	Low-Risk	59.0	65	19.6	56	19.4
9:46 -9:58	Low-Risk	58.5	64	19.4	55	19.0
9:59 -10:10	Low-Risk	58.0	63	19.2	54	18.8
10:11 -10:23	Low-Risk	57.5	62	19.0	53	18.4
10:24 -10:37	Low-Risk	57.0	61	18.8	52	18.0
10:38 -10:51	Low-Risk	56.5	60	18.6	51	17.6
10:52 -11:06	Low-Risk	56.0	59	18.4	50	17.4
11:07 -11:22	Low-Risk	55.5	58	18.2	49	17.0
11:23 -11:38	Low-Risk	55.0	57	18.0	48	16.6
11:39 -11:56	Low-Risk	54.5	56	17.8	47	16.0
11:57 -12:14	Low-Risk	54.0	55	17.6	46	15.0
12:15 -12:33	Low-Risk	53.5	54	17.5	45	14.0
12:34 -12:53	Moderate Risk	52.0	53	17.4	44	13.0
12:54 -13:14	Moderate Risk	50.5	52	17.2	43	12.8
13:15 -13:36	Moderate Risk	49.0	51	17.0	42	12.0
13:37 -14:00	High Risk	46.5	50	16.8	41	9.0
14:01 -14:25	High Risk	44.0	49	16.6	40	6.0
14:26 -14:52	High Risk	41.0	48	16.2	39*	3.0
14:53 -15:20	High Risk	38.0	47	16.0		
15:21 -15:50*	High Risk	35.0	46	15.6		
			45	15.4		
			44	15.0		
			43	14.6		
NOTES:			42	14.4		
Health Risk Category = low, moderate or high risk for			41	14.0		
current and future cardiovascular disease, diabetes,			40	13.6		
certain cancers, and other health problems.			39	13.0		
			38	12.6		
Passing Requirements -member <i>must</i> :			37	12.0		
1) achieve a composite point total 75 points <i>and</i>			36	11.6		
2) meet minimum point values for all components.			35	11.0		
			34	10.6		
* Minimum Component Values			33	10.0		
Run time <15:50			32	7.0		
Push-ups > 30 repetitions/oneminute			31	4.0		
Sit-ups > 39 repetitions/oneminute			30*	1.0		
Composite Score Categories						
Excellent 90.0pts						
Satisfactory = 75.0 -89.9						
Unsatisfactory <75.0						

Final Version

Leadership Laboratory



Weekly Mandatory Leadership Laboratory

- Thursday 1355-1550

Cadets will be trained weekly in order to develop their leadership, followership, critical thinking, and attention to detail (amongst other foundational competencies). Cadets will build their confidence and knowledge through opportunities to lead their wingmen, fine tune problem solving skills, practice effective communication, and work as a team.

Leadership Laboratories may include, but are not limited to:

- Drill and Ceremonies
- Group Leadership Problems (GLPs)
- Air Expeditionary Force Skills
- Field Training Exercises



Dress and Appearance: Uniforms

Uniforms cadets should be familiar with:



NCU (New Cadet Uniform)

- Det 150 polo
- Loose fitting khaki pants
- Black belt
- Conservative colored shoes



SSB (Short Sleeve Blues)



PTG (Physical Training Gear)



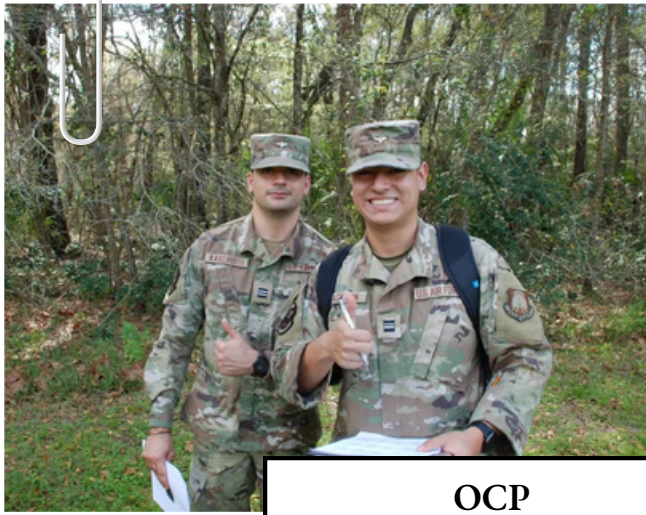
Modified PTG (Physical Training Gear)

- Solid black, loose fitting shirt
- Black, finger tip length athletic shorts
- Black, white, gray socks
- Any color athletic shoes
- Reflective belt (will be distributed to cadets)

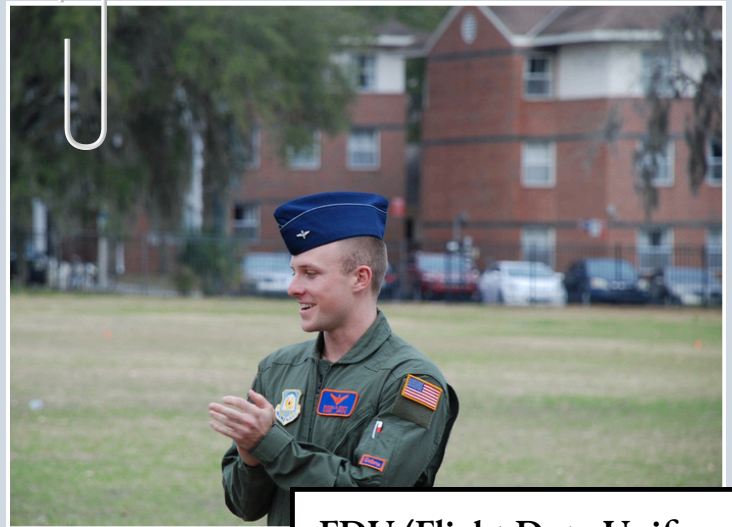
*Reference DAFI 36-2903 and AFROTC Supplement for further dress and appearance guidance

Dress and Appearance: Uniforms Continued

Uniforms cadets should be familiar with:



OCP
(Operational Camouflage
Pattern Uniform)



FDU (Flight Duty Uniform)

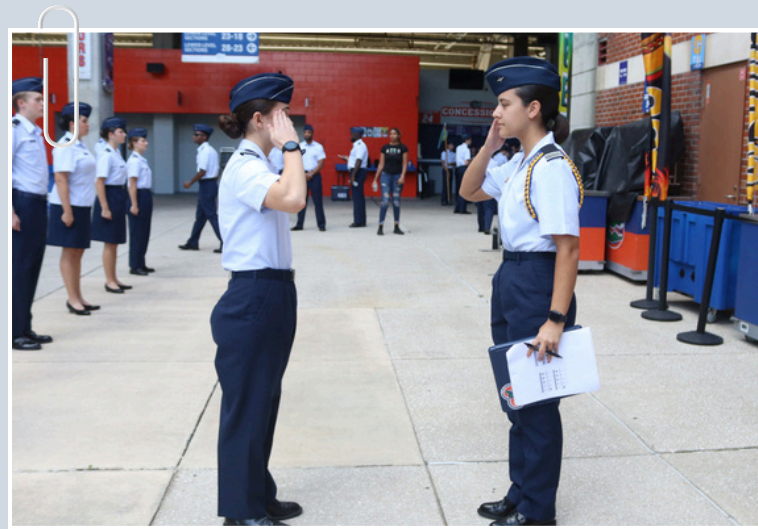


SDU (Service Dress Uniform)

*Reference DAFI 36-2903 and AFROTC Supplement for further dress and appearance guidance

Customs and Courtesies: Greetings and Saluting

Greeting	Time
"Good Morning"	0000-1159
"Good Afternoon"	1200-1700
"Good Evening"	1700-2359



Greetings

- When addressing an officer, always use proper titles.
 - Proper titles include: their rank, their rank and last name, or Sir/Ma'am.
- When addressing an NCO, use their rank or their rank and last name.
- Example: "Good Morning Lieutenant Colonel Caretti" [preferred] or "Good Morning, Sir."

Saluting (When to Salute and When not to Salute)

- A salute is rendered whenever cadets are outdoors and both parties are in official uniform (excluding PTGs); the verbal greeting must be accompanied by a salute.
- A salute indoors is rendered only when reporting to a senior officer or receiving an award.
- A salute is rendered (to):
 - U.S. military officers (all branches)
 - The President of the United States
 - POC cadets, and the U.S. Flag when being raised, lowered, and carried
 - During the national anthem when it is being played outdoors and you are in uniform
- Do not salute when walking by enlisted personnel, however cadets should render a verbal greeting.
- Do not salute when carrying items in both hands, however should render a verbal greeting.
- Do not salute when in a cross-walk.

Email Etiquette

Why is email important?

Emails are the primary form of communication with cadre and within the Cadet Wing. It is recommended that cadets turn on notifications for their email and check at least twice a day to stay current on ROTC information. Respond to all emails in a timely manner and acknowledge all emails.

Parts of an Email:

1. Greeting

- Begin all Air Force related emails with the greeting of the day, rank, and last name.

2. Body

- Remain professional, polite, and concise. Use proper grammar and check spelling before sending. The body should not contain humor, sarcasm, or all caps. Also do not use fancy fonts or colors, use either Times New Roman or Calibri.

3. Signature Block

- A signature block should be included at the bottom of every Air Force related email you send.

How to set up a signature block:

- Sign in to Outlook.com and select Settings. --> view all Outlook settings at the top of the page
- Select Mail --> Compose and reply
- Under Email signature, type your signature and use the available formatting options to change its appearance.

Example GMC Signature Block

Very Respectfully,

ALBERT E. GATOR, C/4C, AFROTC

Alpha Flight Member

Detachment 150, University of Florida

Notes:

- Respond to emails as soon as you are able; do not let 48 hours go by without responding to cadre or POC cadets.
- Be professional when composing emails; make sure the address you send your emails from is professional as well.
 - It is recommended to be from your school email.
- Always proofread your emails before pressing “send”.

Reporting Civil and Medical Involvements

Reporting Civil Involvements

All AFROTC cadets must report any involvement with law enforcement, school officials, military authorities or any civil authorities within 72 hours of the incident occurs.

Involvements can include:

- Receiving a moving violation [speeding ticket, etc.]
- Being charged by a civil, military or University authority regardless of seeming insignificance or disposition.

Even if it is a warning, the involvement must be reported and all involvements must be reported even if a finding of "not guilty" was rendered. If the National Agency Check required for commissioning finds an unreported involvement, charges of breach of contract may result in removal from the AFROTC program.

*One exception is that parking tickets do not need to be reported.

Reporting Medical Involvements

Because of the rigid physical standards necessary to enter the Air Force and certain career fields, all AFROTC cadets must report any medical changes which occur, despite how major or minor the change may be. Those changes include, but are not limited to:

- Broken or fractured bones
- Prolonged illness [lasting more than thirty 30 days]
- Prescribed medications
- Allergies
- Severe sprains or muscle pulls
- Pregnancy

*Failure to disclose any changes in your medical status may result in removal from the AFROTC program. Medical status changes must be reported to the NCOs.

How to Report a Civil Involvement

To report a civil involvement, cadets must initiate the report through their WINGS Account and send an email to their primary Air Force instructor within 72 hours of the incident. Follow up actions will then be discussed on how to proceed, but most will result in a discussion with an instructor.

The screenshot displays the WINGS Account interface. On the left is a navigation menu with items: Manage My Account, Related Websites, Self Service, Career Preferences, Civil Involvements (highlighted), Civil Involve. Certifications, Review/Sign Counseling, Review ROTC Cadet Record, and Review Degree Info. The main content area is titled 'Links' and contains 'User's Guides' with links for '1 - Report an Involvement' and '2 - Provide additional details'. Below the links is a text box with instructions: 'A. The Detachment Commander must know if you have ever been arrested, convicted, involved with law enforcement officials or authorities for him/her to determine if you meet the character requirements for membership in Air Force ROTC. It is necessary for you to report any involvement with civil, military, or school authorities/law enforcement officials REGARDLESS OF ITS INSIGNIFICANCE, disposition, or finding on the certification provided below. Include traffic violations and any incidents which resulted in your being judged a juvenile offender. A finding of not guilty or advice by an attorney, court official, or anyone else to consider you record as clear DOES NOT constitute authority to leave the involvement off of the certification. B. In the future, you must report any civil involvements to the Detachment Commander or his/her designated representatives WITHIN 72 HOURS following its occurrence, including periods away from campus (i.e. summer breaks or holidays). C. Concealing or failing to report an involvement with civil, military, or school authorities/law enforcement officials, giving false information or claiming subsequent to initial certification that you were unaware of the contents of this document may result in elimination from consideration for membership in the Air Force ROTC program; or, if already a member, may result in your discontinuance from the Air Force ROTC program. This information reported on this certification form will be treated as confidential matter, subject to the provisions of the Privacy Act of 1974 and the Freedom of Information Act.' At the bottom, there is a section 'What is a Civil Involvement?' and 'What Civil Involvements must be reported?' with a 'No Civil Involvements Recorded' status and an 'Add an Involvement' button.

Arnold Air Society and the Billy Mitchell Drill Team



Arnold Air Society

Arnold Air Society is a professional, honorary, service organization that advocates for the support of aerospace power. We focus on personal development by volunteering within the community, providing education on national defense, and focusing on professional development. AAS provides its members with a plethora of scholarships, internship opportunities, and leadership positions. At UF, the AAS Capt Dale E. Mabry Squadron invites all Detachment 150 cadets to challenge themselves through AAS!



Billy Mitchell Drill Team

The Billy Mitchell Drill Team is focused on honoring the traditions and discipline displayed in all branches of the Military and incorporating them into our everyday lives. In BMDT, we focus our efforts on serving our community and honoring our Veterans. BMDT participates in events such as Color Guards for UF Football games and other collegiate sports venues, Honor Guards for the Homecoming Parade and Kanapaha Veterans Ceremony, participating in the Mardi Gras Drill Competition in New Orleans, and many more. BMDT is much more than a team, it is a Family. BMDT #1W/Pride.



Social Media and Contact Information



New Students - Air Force ROTC - University of Florida

CONGRATULATIONS! You've decided to join Air Force ROTC Detachment 150, home of the Flying Gators!...

 afrotc.ufl.edu



@det150.afrotc

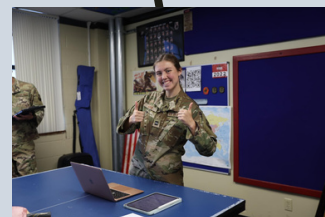


@Air Force ROTC | DET 150 | UF

*If you have any questions or concerns please reach out to the following email and phone number:

EMAIL: AFROTC150@UFL.EDU

PHONE: 352-392-1355



Acronym Chart

Acronym	Term
AFOQT	Air Force Officer Qualifying Test
AFSC	Air Force Specialty Code
A-Staff	Air Staff
BLUF	Bottom Line Up Front
COB	Close of Business (1700 or 5:00 pm)
CTA	Cadet Training Assistant
DoDMERB	Department of Defense Medical Examination Review Board
EA	Enrollment Allocation
EAD	Enter Active Duty
Flt	Flight
FTO	Field Training Officer
FTP	Field Training Preparation
GMC	General Military Course
GLP	Group Leadership Problem
IAW	In accordance with
IMT	Initial Military Training
LLAB	Leadership Laboratory (Lead Lab)
NCO	Non-Commissioned Officer
NLT	No Later Than
OCP	Operational Camouflage Pattern

Acronym Chart Continued

OPORD	Operation Orders
OPS	Operations Group
PCS	Permanent Change of Station
PDT	Professional Development Training
PFA	Physical Fitness Assessment
POC	Professional Officer Corps
PSP	POC Selection Process
PT	Physical Training
PTG	Physical Training Gear
ROE	Rules of Engagement
SQ	Squadron
TBAS	Test of Basic Aviation Skills
TRG	Training Group
UOD	Uniform of the Day
UOE	Uniform of the Event





Thank you, Flying Gators. We look forward to seeing you this upcoming semester!